



The language of Diamond power.



Key Words:

Independence
Pretending

Problem solving
Remembering

Exploring
Having ideas

My Diamond power is strong when:

I get a real buzz from solving problems; I look for them everywhere and try to solve them.

When faced with a problem, I take responsibility for solving it.

When faced with a problem I can decide if it is best to work alone or with other people.

If faced with a problem, that is tough, I talk to my friends about it.

When I am faced with a problem, I ask questions about it to help me solve it.



The language of Emerald power.



Key Words:

Resilience
Having a go

Bouncebackability
Not giving up

Control
Finding another way

My Emerald power is strong when:

I love challenges and doing things that are difficult, and I don't worry about getting it wrong.

I understand why mistakes are important.

I can remain calm when provoked by others, when I make mistakes or when I am disappointed.

I can get really excited or very disappointed and still bounce back to the task.

I try tricky things and when I make a mistake I remain calm and start over again.

I don't mind taking a risk when learning, even if that means I might get it wrong.



The language of Sapphire power.



Key Words:

Focus Concentrating

Controlling monster distractions

My Sapphire power is strong when:

Even with the biggest monster distraction, I keep focused until I have completed what I have to do.

I can recognise monster distractions and control them so I can stay focused.

I can listen carefully.



The language of Ruby power.



Key Words:

Kindness Supportive Empathy

Complimentary Smiling Happy

My Ruby power is strong when:

I enjoy learning and supporting others in different situations.

I feel good when I perform a random act of kindness.

I understand how others might feel when they make a mistake, are disappointed or sad.

I notice when someone might need help and offer it to them.

I listen to others when they talk, with my eyes and my ears. This makes them feel valued.

I praise others when they do well by smiling at them and telling them **how and/or why** what they did was good.

I accept encouragement and praise from others.